

Jupiter's Belle: Article

Acutonics

Sound Healing, Oriental Medicine & the Music of the Spheres

by Ellen Franklin, PhD, © Kairos Institute of Sound Healing, LLC

Sound Healing is a powerful creative healing force used by cultures around the world for thousands of years to transform body, mind, and spirit. We take a unique approach to Sound Healing working with the Music of the Spheres and the principles of Oriental Medicine to develop a system of healing that is having profound results treating chronic and debilitating conditions, and helping people to balance the spiritual, emotional and physical. The Music of the Spheres, which can be traced back to writings of Pythagoras, represents the supreme harmonic intelligence that interconnects everything in the universe. It includes, but is so much more than, the sound of the planets traveling through space.

Every cell in our body is a sound resonator. Every cell lives in a rhythmic pattern. Each organ has its own cycle and its own pulse. Each and every system has a cycle, rhythm, pattern, and pulse that exist in resonant harmony and sympathy to the cycles of the earth and the heavens. These body systems respond to sound vibration, as do our spiritual, mental, and emotional states of consciousness.

In ancient times across all cultures, we find reference to the power of sound to heal. In every cosmology and mythology, sound is the major link, the carrier wave between the world of the spirit and the people of earth. The ancient Sumerians and Taoists observing nature concluded that each piece of the universe is linked to the whole and each piece exists in relation to the other as part of an interlaced network of divine harmony with humanity at the center, a receiver of energy from both heaven and earth.

Sound is vibration, a link between spirit and life force that affects every aspect of creation. Our modern culture has lost its connections to the rhythms and cycles of nature and the universe. This alienation or disharmony manifests as an imbalance and disease of the body and its systems. Sound healing seeks to harmonize and balance the soma, psyche, and soul and to reconnect the individual with the natural rhythms, pulses, cycles, and flows of our worlds, bridging, balancing, and harmonizing the inner and outer universes.

Acutonics® is a system of healing that integrates ancient Taoist teachings of the meridians, pre-meridians, and the immortal body with sound. Developed at the Kairos Institute of Sound Healing, LLC by Donna Carey, PhD, LAc, and Marjorie de Muynck, MA, LMP, this energy-based non-invasive treatment is similar to acupuncture. Precision calibrated tuning forks are applied to specific acupuncture and acupressure points to access the body's meridian and chakra energy systems. They are also used with great success on trigger points, points of pain, scar tissue and to treat muscular skeletal conditions. The tuning forks represent a natural harmonic series based on the orbital properties of the Earth, Moon, Sun and other planets. They are used on specific points, with high transformational impact on the physical, emotional, and spiritual body.

The frequencies that we work with are based on the work of Kepler, who in 1627 discovered the elliptical paths of the planets and calculated the velocity of all known planets (invalidating the traditional circular orbits), and the scientific evidence of the relationship between the musical ratios and the planetary motion—the Music of the Spheres. In the 20th century Hans Cousto translated the planetary velocities into musical tone. Cousto's musical transpositions of Kepler's planetary orbits provided a foundation for the frequencies that we work with.

Although there are a number of alternative practitioners currently working with tuning forks, this system is unique. It provides a deep, comprehensive methodology that is rooted in Oriental Medicine and music theory. Acutonics works with specific frequencies and musical intervals that have their own unique healing properties.

There are thousands of case studies that speak to the efficacy of this medicine, which has been successfully used for the past decade in clinical settings around the country. This powerful modality reawakens us to the mystery and grace of the universe, and opens us to the infinite possibility of reconnecting with Source, the ultimate source of original harmony.

Ellen F. Franklin, PhD Ellen Franklin, CEO of the Kairos Institute of Sound Healing, is also a teacher and practitioner of the Acutonics System of Healing & Education. She is currently working on a new book on Equine Acutonics. A firm believer in the power of sound and music to heal, Ellen teaches workshops throughout the US. For further information about the Acutonics System of Healing and Education. Check out their web site at www.acutonics.com, email info@acutonics.com or call 505-587-2689.